



The Healthier Way to Maintain Your Body Figure

TOTAL EM+

Energy Meal Replacement Enriched with Vitamin

A nutritious all-natural ingredient to replace one of your daily meal consumption with a complete balanced drink made up of 25 different selected raw natural ingredients to maintain body health and figure.





TOTAL EM+ is made from precious natural essence formulated from New Zealand. The main key raw ingredients are brown rice, black rice, beetroot and barley which is enriched with multi-vitamin and healthy proteins.

It helps provide the necessary nutrition input of a meal that is low in fat and oils. Total EM+ is a vegan composition which focuses on high fiber, healthy proteins and carbohydrates. This promotes heart health, healthy weight managing, lower blood cholesterol levels and blood pressure, boost up energy.





TOTAL EM+ ENERGY MEAL REPLACEMENT 7 HEALTH BENEFITS

1 SACHET OF ENERGY MEAL REPLACEMENT IS EQUIVALENT TO 1 OF YOUR DAILY MEAL CONSUMPTION

Promote Heart Health

Keep Colon and Intestine Healthy

Keep You Fulfil with A Required Nutrient Intake

Strengthen Bone and Teeth

Support Healthy Weight Management

Helps In Anemia and Diabetes

Lower Blood Cholesterol and Blood Pressure Levels





TOTAL EM+ ENERGY MEAL REPLACEMENT 7 HEALTH BENEFITS

Promote Heart Health

Keep Colon and Intestine Healthy

Keep You Fulfil with A Required Nutrient Intake

Strengthen Bone and Teeth



Support Healthy
Weight Management

Helps in Anemia and Diabetes

6

Lower Blood Cholesterol and Blood Pressure Levels

WITH ONE SACHET OF BALANCE NUTRIENT TO FULFILL YOUR MEAL



TOTAL EM+ ENERGY MEAL REPLACEMENT NINE ACTIVE SELECTED RAW NATURAL





WHAT MAKES IT SO UNIQUE?

TOTAL EM+ is a well-balanced nutritional vegan meal replacement drink that contains all the necessary recommended nutrients in a meal. It is the most effective and convenient way for our body to consume a high fiber, low calories meal that keeps you fulfil.





One sachet of TOTAL EM+ contains the calories between 150-500 Cal comparing to a normal daily consumption is between 500-100 Cal. Thus, the lesser the calories consume; the easier in maintaining body weight.



REASON WHY YOU MUST HAVE

TOTAL EM+ 综合谷低卡焕食 •

We Prioritize the Healthy Way

We do not recommend in REDUCING meals. We provide you a healthier solution in maintaining your desired body figure by providing you the complete nutrient necessary for your daily consumption.

Total EM+ helps in reducing edema meanwhile it controls your body weight by keeping you fulfil with a low fat high fiber and proteins vegan diet.

Support in Body Weight Management

Full in Nutrition

TOTAL EM+ is a healthy way to help achieve your desired body figure in a balanced nutritious manner.







SIX UNIQUE SELLING POINT

Brown rice mainly helps in body replace the daily nutrition needs for

cardiovascular system, digestive system, brain and nervous system to detoxify and digestive purposes.

Barley is an excellent source of fiber helps in body weight management and it's a good source in reducing edema.

Black rice keeps you full to avoid hunger and prevent from overeating towards unhealthy foods.

02

Beetroot high in vitamins helps in exerting favorable effect in bowel function preventing constipation and speed up the digestive system.

Barley also helps in reducing and lessen the face white and black spots, brighten skin tone and helps in moistening skin layer.

Black rice is a natural detoxifier as it helps the liver eliminate unwanted substances meanwhile it is rich in antioxidant that helps in improving the body





The New Trend of

Achieving Your Healthy Desired Body Figure



TOTAL EM+ is an energy meal replacement which helps us to fulfill all kind of nutrition needs in our body and supports our body weight management to achieve the desired body weight and figure in an effective and healthy way!





Thinking to achieve that ideal body? Why not first maintain a healthy and balance diet?

Let TOTAL EM+ Helps You Replace One Of Your Daily Meals!





Your choice of meal replacement MAE TOTAL EM+ Energy Meal Replacement We assured you with the best solution!



TOTAL EM+ | Energy Meal Replacement Enriched with Vitamin



SUITABLE FOR PEOPLE WITH:

Working Adult

Y Pregnant Women

S Breast-Feeding Mum

Children above 12 Years Old

Heart Attack Patient

Anemia Patient

M Children and Adult with Obesity

People who is High in Cholesterol, Blood Pressure and Blood Sugar

People who has Weak Bone and Teeth

People who does not Consume Proper Meal Daily





DIRECTION OF USE:

 $01^{\,\,\mathrm{Mix}}$ one sachet of $02^{\,\,\mathrm{Stir}}$ well and consume immediately. with 180ml of hot water (Temperature 80°c)

The Best Results?

Just one sachet daily to ensure all nutrition needs is consumed!



TOTAL EM+ | Energy Meal Replacement Enriched with Vitamin

page 13